

## **2014 TWENTY-FIFTH ANNUAL PROFESSIONAL SEMINAR VIDEO PRESENTATIONS**

Many of the presentations given at this seminar were preserved as video files. To view these presentations, click on the links in the Details section below.

### **Keynote Address: William Buhlman on OBEs (1:29:12)**

William Buhlman, best-selling author, teacher, and leading expert on the subject of out-of-body experiences, presented the keynote address at the 2014 Professional Seminar at The Monroe Institute.

He described how OBEs can prepare us for an enlightened transition and why self-initiated OBEs are a direct and powerful spiritual path. He also explored an overview of the many methods available to effectively initiate OBEs and navigate the nonphysical realities.

### **Hemi-Sync® Evolution (48:12)**

A.J. Honeycutt, president of Monroe Products, describes advances in the Hemi-Sync technology that benefit the evolution of both The Monroe Institute and Monroe Products.

### **Binaural Beat, Spiritual Music and Neonatal Infant Care Unit (Connor & Payton) (44:42)**

Care of infants who are born as early as 24 weeks is delicate and challenging. This project has taken the antebellum Negro Spiritual (a group of about 6000 works) and combined binaural beat techniques to support the brain health and development of our most vulnerable babies. Melinda H. Connor and Sallyanne Payton's presentation included study protocol, specifications for the music, development of the music, and the current theory of the Negro Spiritual music's impact on brain structure. Based on the current research model the motor, visual, auditory and somatosensory cortex, the frontal-parietal religious circuit including the dorsolateral prefrontal, dorsomedial frontal and medial parietal cortex, the fronto-temporal network including the ventral and dorsal streams with multimodal and stepwise integration of brain response are all involved.

### **TMI Research, IRBs, Data Collection (42:41)**

Jim Lane, PhD, research director for The Monroe Institute, summarizes recent activities aimed at providing a stronger infrastructure for research and research funding at TMI to support the long-term growth of TMI-sponsored research and research collaborations with other sites. He describes current plans for research development, highlights projects that are already underway, and presents options for effective, expeditious data gathering.

### **Patient NDEs in the ICU (55:20)**

What relevance do near-death experiences in ICU patients have for the experiencer and their health care provider? What impact, if any, does a regular use of Hemi-Sync® have on those same providers? Is it possible that a new way of thinking about phenomena of consciousness, long reported but often discarded as hallucination by the medical professional community,

could help heal and transform patients when their "strange experiences" are held with respect instead of being told they didn't happen?

Through several anecdotal accounts of real patient experiences recounted to her over the past two decades, as well as her own personal observations of how Hemi-Sync enhanced the traditional medical skills available to her, Laurin Bellg, MD, Critical Care Specialist, explores a potential new landscape of patient care that she believes could transform how we interact with patients who've had not only near-death but also out-of-body experiences around trauma and severe illness.

At the end of her presentation Dr. Bellg includes the trailer of an educational DVD prepared for health care providers by Blue Marble Films in collaboration with the International Association for Near-Death Studies (IANDS). This film is intended to educate health professionals about how to talk with patients about their near-death experiences -- even if they don't believe in them themselves!

### **TMI 2014: A Year in Review (8:14)**

Nancy McMoneagle addresses the 25th Professional Seminar, an invitational event of The Monroe Institute. Speaking to a familiar audience of Professional Division members, Board members, and special guests, McMoneagle reports on the achievements in research and education since the 24th Seminar, and shares some of TMI's vision for the future.

### **TMI Past, Present and (27:15)**

Nancy McMoneagle takes a fun look back at The Monroe Institute's history. She talks about the early days when, along with a number of other dedicated people, she helped Bob Monroe build the foundations of TMI. She reviews how Bob determined the specific audio signals to elicit particular states of consciousness; the original M-5000 and future development of TMI's programs; notable characters who came to the programs and/or were involved with the Institute in various ways, and other interesting aspects of TMI's evolution. She also discusses how, in addition to teaching people how to deliberately, safely and consciously experience expanded levels of awareness, Bob had other, less well-known reasons in mind for his research and the Institute's programs—and if his intentions have been met.

### **PREP - Infinity in a Box (53:22)**

PREP sessions are part of the early and ongoing research in consciousness at The Monroe Institute. Performed in the lab setting, using the copper-lined isolation booth and a personal monitor, thousands of sessions have been facilitated since the 1970s. Participants' physiologic measurements are recorded in real time during their 90-minute research period providing snapshots of physical changes that occur in relation to subjective consciousness experiences, often providing validation for the subject. The monitor helps guide the participant toward any experience they wish to explore with the support of a customized Hemi-Sync listening experience.

Patty Ray Avalon, Personal Resource Exploration Program (PREP) lab monitor for 10 years, reveals the history and the purpose of PREP sessions, along with fascinating personal stories from a number of seasoned PREP explorers.

**TMI Professional Seminar Panel**

Several Professional members took part in an international panel examining TMI research, education and applications occurring globally,

**TMI in Brazil with Deborah Sachs (21:04)**

**TMI in Europe with Thomas Hasenberger (20:37)**

**TMI in Japan with Franceen King (28:11)**

**TMI in Puerto Rico with Carmen Montoto (18:43)**

**TMI in Romania with Andrea Berger (20:58)**